

POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

PRO PLATE UNI-LATERAL PRONE LEG CURL

Power Lift's Uni-lateral Prone Leg Curl machine gives your athletes the opportunity to individually work their hamstrings, providing a balanced yet targeted workout. The adjustable ankle rolling pad and independent work arms accommodate athletes of all sizes.

KEY FEATURES:

- XL pads to fit any size athlete and for user comfort
- Adjustable ankle roller pads to fit all sizes of athletes
- Built-in weight storage
- Uni-lateral movement of workarms allows user to work out one leg or both legs during exercise
- Handles for user comfort and functionality
- Urethane foot pads standard



Overall Dimensions:

36 9/32" (H) x 77 1/2" (W) x 73 5/32" (D)
325 lbs. (Approximate Weight)

Warranty:

Lifetime conditional warranty on frame components. Five years on rotary bearings, guide rods, pulleys and weight plates. One year on belts, cables and grips. Ninety days on upholstery and items not specified.

Part Number:

81313A

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